

NEWSLETTER

17th May 2024



carrog@denbighshire.gov.uk

☎ 01490 430 262

🐦 carrog_ysgol

www.ysgolcarrog.co.uk

GROWTH MINDSET

A positive mindset can make a big difference to how we approach things.

“You have only failed, if you have given up.”

CYMRAEG CAMPUS

Each week we will provide you with some Welsh phrases/word to try/learn with your family or within the community. Mwynhewch!

Wastad / Always

SECONDARY TRANSPORT

For the attention of year 6 parents – secondary school places in Denbighshire have now been allocated and you will now need to apply for secondary school transport. You will need to apply through Denbighshire County Council’s website.

CARDIFF RESIDENTIAL

Year 5 & 6 will be going on a residential to Cardiff in June. **The full balance will need to be paid this Monday 20th May.** Thank you to those who have paid.

BREAKFAST CLUB

For breakfast club bookings from the 3rd June onwards the childcare element will need to be paid for by all pupils attending, including those in receipt of free school meals. The cost per free school meal pupils will be £1 per week payable through your Parent Pay account. A letter was sent home today with further details.

FAMILY LINK WORKER

Our family link worker is Teleri Richards, she is available to support those children/families in the early years and pre-school. She can provide individual guidance, help with managing difficult behaviour or toileting issues, support to parents and children during difficult times e.g. divorce, illness, bereavement, help with form filling and sharing information on ways you can help your children learn and develop early reading, writing and number skills through play. She can be contacted on 07917587405

FINANCIAL SUPPORT FOR SCHOOLS

We want to ensure that every child receives the help they need. The Welsh Government offers support with Free School Meals and School Essentials such as uniform, kit and stationery. Make sure you've checked your child's eligibility for Free School Meals. Even if they receive Universal Primary free school meals, more help could be available. If eligible, you can get up to £200 per child for School Essentials, plus extra funding for our school. Check eligibility: www.gov.wales/get-help-school-costs

WATER

Water coolers are fitted for pupils and staff to have easy access to fresh drinking water throughout the school day.

Please remember to send your child to school with their water bottle. The following is guidance on bottle cleaning:

HEALTHY LUNCHBOXES

Our pupils would like to promote healthy lunchboxes. A healthy lunchbox must include:

- Fruit/vegetable or salad, at least one portion
- A drink of water, fruit juice (not squash) or milk
- A carbohydrate bread, pasta, rice, potato or wrap
- Either a protein (meat, fish, lentils, nuts, seeds) or calcium food (yoghurt, cheese)

A healthy lunchbox must NOT include:

- Crisps
- Fizzy drink/squash/cordial
- Sweets

A healthy lunchbox can include one item from the following list:

- One small chocolate bar/biscuit
- One cake
- One cereal bar

Please remember to add an ice pack to your child's packed lunch during warm weather.

EVENTS FOR W/B: 20th May 2024

Mon 20 th	<p>Don't forget if you want to use the breakfast club for next week, you must register through the online form available on our Facebook page from today and pay through your Parent Pay account. The breakfast club opens at 8.15am.</p> <p>AM: Piano lessons with Dylan Cernyw</p> <p>Last day for full Cardiff payment</p>
Tue 21 st	<p>PM: Cricket Sessions with Cricket Wales – Dosbarth Dyfrdwy. You may come dressed in your PE kit and school Jumper.</p> <p>3.15-4.30pm: Bala Football After School Sessions – for those junior pupils who have registered. Last session</p>
Wed 22 nd	<p>Eco Conference for 4 selected pupils from year 5 & 6. Packed lunch required.</p> <p>AM: Guitar lessons with Aled Williams</p> <p>PM: PE lesson - Dosbarth Berwyn & Dyfrdwy You may come dressed in your PE kit and school Jumper.</p> <p>PM: Singing lessons this week with Sian Williams</p>
Thur 23 rd	<p>AM: Drum lessons Mr Ben Neal</p>
Fri 24 th	<p>Don't forget the breakfast club online registration & ability to pay on Parent Pay for next week will close at mid-day today.</p> <p>Last day of half term – School re-opens on Monday 3rd June</p> <p>AM: Don't Drink Think Session– Dosbarth Dyfrdwy</p> <p>Non-Uniform Day – Pupils may wear their own clothes and bring an item for the tombola or £1.</p>



MENU FOR WEEK BEGINNING: 20th May 2024

If you have any dietary requirements; please don't hesitate to contact our school cook Auntie Clancy

School packed lunches or filled jacket potato can also be provided instead of a hot meal.

Don't forget all pupils are now entitled to a FREE lunch.

Monday	Fish Stars Potato Wedges Garden Peas Yoghurt Pot
Tuesday	Beef Bolognese Pasta Peas Garlic Bread Chocolate Crunch Cake
Wednesday	Spanish Chicken Boiled Rice Fruit Crumble & Custard
Thursday	Roast Pork & Gravy Roast Potatoes Carrots & Broccoli Homemade Shortbread
Friday	Sausage Chips Beans Chocolate Fudge Cake

The menu may occasionally be subject to slight change dependant on food deliveries.