

NEWSLETTER

19th January 2024



carrog@denbighshire.gov.uk

☎ 01490 430 262

🐦 carrog_ysgol

www.ysgolcarrog.co.uk

PENBLWYDD HAPUS

We would like to wish Noah, Eloise & Kenzie a happy birthday for next week.

GROWTH MINDSET

A positive mindset can make a big difference to how we approach things.

“It’s okay to not know. It’s not okay to not try.”

CYMRAEG CAMPUS

Each week we will provide you with some Welsh phrases/word to try/learn with your family or within the community. Mwynhewch!

Pawb yn barod? / Everyone ready?

NURSERY ADMISSION

The closing date for Nursery applications for September 2024 is **16th February 2004**. Please apply online on Denbighshire County Council’s website.

DONATIONS

Our Early years class would appreciate donations of any unwanted underwear, socks/tights suitable for 3-6 yrs old.

We would also appreciate donations of any unwanted school rucksacks and lunch boxes. Thank you for your support.

URDD

Letters have been sent home about joining the Urdd. This is a wonderful opportunity to help your child with their confidence and performance skills through the medium of Welsh. Membership for the year is £1 for those who receive benefit related free school meals and £10 for everyone else. We very keen for our pupils to join and show everyone within the community/authority how talented our pupils are.

NSPCC – TALK PANTS

The NSPCC are celebrating 10 years of Talk PANTS! Pantosaurus has helped 1.5 million parents Talk PANTS (*Privates are private, Always remember your body belongs to you, No means no, Talk about secrets that upset you, Speak up, someone can help*) and keep their children safe from sexual abuse.

Developed in consultation with children, parents, carers and teachers, Talk PANTS is here to help children understand their body belongs to them, and they should tell a safe adult they trust if anything makes them feel upset or worried.

The NSPCC website has a wide range of PANTS guides, videos and resources to help parents talk PANTS with their children – use the link below to take you the relevant areas.

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/>

HEADLICE

Please remember to check your children's hair and all members of the family for head lice on a regularly basis and treat if live lice are found.

Checking for head lice shouldn't be considered a big deal; it is just a normal part of a family's personal hygiene routine like brushing teeth or washing hair.

- It is best to check for head lice using a comb made for the purpose, ideally white so they can be easily seen and with teeth no more than 0.3mm apart in order to trap head lice

- Combing through the hair when wet, or after applying a conditioner, may make the process more comfortable

- Good lighting is important and so is comfort

Treatment should only be applied if a living, moving louse is found – never 'just in case'

Continue to check for head lice on a regular, weekly basis – **ONCE A**

WEEK, TAKE A PEEK www.onceaweektakeapeek.com

FAMILY LINK WORKER

Our family link worker is Teleri Richards, she is available to support those children/families in the early years and pre-school. She can provide individual guidance, help with managing difficult behaviour or toileting issues, support to parents and children during difficult times e.g. divorce, illness, bereavement, help with form filling and sharing information on ways you can help your children learn and develop early reading, writing and number skills through play. She can be contacted on 07917587405

EVENTS FOR W/B: 22nd January 2024

Mon 22 nd	<p>Don't forget if you want to use the breakfast club for next week, you must register through the online form available on our Facebook page from today and pay through your Parent Pay account. The breakfast club opens at 8.15am.</p> <p>AM: Piano lessons with Dylan Cernyw</p>
Tue 23 rd	<p>Cariad@Urdd – Pupils may come to school dressed in the colours of the Urdd (Red, White & Green) and donate £1. We will also receive a visit from Mr Urdd!!</p>
Wed 24 th	<p>AM: Guitar lessons with Mr Aled Williams</p> <p>PM: PE lesson - Dosbarth Berwyn & Dyfrdwy You may come dressed in your PE kit and school Jumper.</p> <p>PM: Singing lessons this week with Sian Williams</p>
Thur 25 th	<p>AM: Drum lessons Mr Ben Neal</p>
Fri 26 th	<p>Don't forget the breakfast club online registration & ability to pay on Parent Pay for next week will close at mid-day today.</p> <p>AM: Swimming lessons for Dosbarth Dyfrdwy. Don't forget to tie long hair back, your swimming costume (one piece for girls), googles & towel</p>



FOR WEEK BEGINNING: 22nd January 2024

If you have any dietary requirements; please don't hesitate to contact our school cook Aunty Gemma

School packed lunches or filled jacket potatoes can also be provided instead of a hot meal.

Don't forget all pupils are now entitled to a FREE lunch.

Monday	Macaroni Cheese Homemade Tomato and Herb Bread Sweetcorn/Peas Ice Cream
Tuesday	Sausage Omelette Hash Browns Beans Caramel Cornflake Cake
Wednesday	Fruity Chicken Curry Boiled Rice Naan Bread Saucy Chocolate Pudding
Thursday	Roast Pork with Apple sauce & Gravy Roast Potatoes Carrots & Broccoli Homemade Shortbread
Friday	Fish Fingers Chips Peas Apple Muffin

The menu may occasionally be subject to slight change dependant on food deliveries.